

Support your child – the Vantaa and Kerava wellbeing services county will support you



Vantaan ja Keravan
hyvinvointialue

Do you have questions about your child's behaviour? You can get support online or by contacting us.

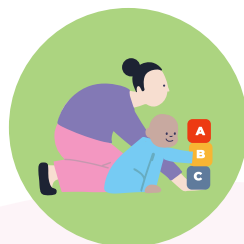


Mielenterveystalo.fi

Mielenterveystalo's
self-help programs



Child health clinic's
phone service:
tel. +358 9 4191 5100



Daycare and
school



School and student
healthcare phone service:
tel. +358 9 4191 5300

**Help and support
for your family
can also be found from NGOs.**

ADHD
LIITTO

AUTISMI-
LIITTO



Youtube channel:
[youtube.com/@vakehyva](https://www.youtube.com/@vakehyva)
Video series for families –
information about
the neurodiversity spectrum



Counselling for families
with children:
tel. +358 9 4191 5200

Learn more about finding the right kind of support in the Vantaa and Kerava wellbeing services county by visiting our website: **vakehyva.fi**

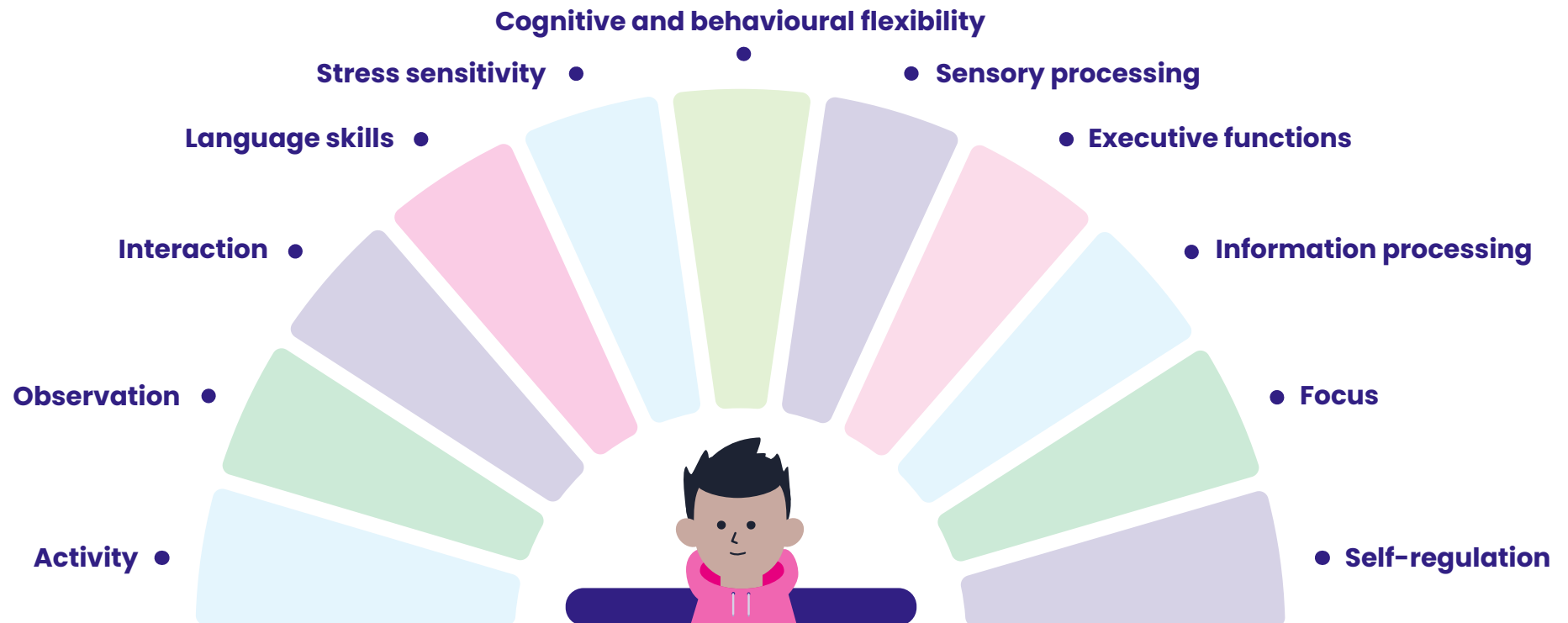
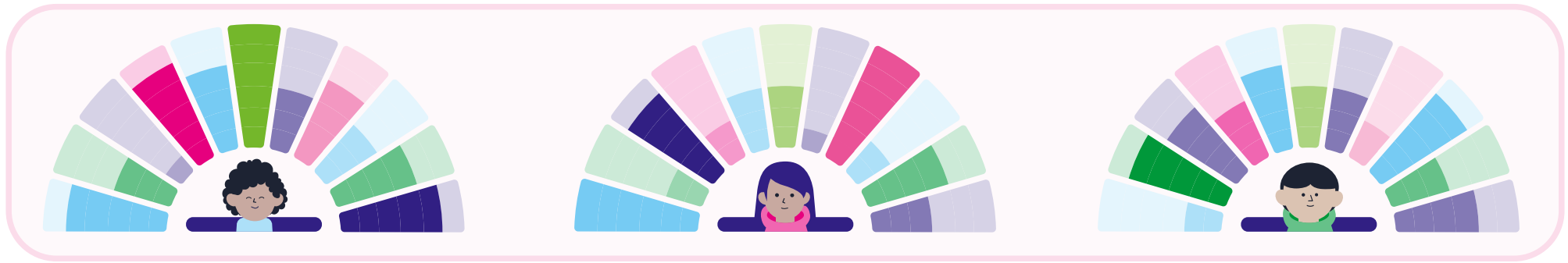
Recognise a child in need of support

All of us have different strengths. Use colours to describe what the child's strengths are and where they need support.

You can support a child by changing their environment to suit their needs.



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