

# Relationship support and services for families going through divorce

Many kinds of support and guidance are available for relationships and the various stages of divorce. It's a good idea to seek help early.

1.

## When considering divorce



Child health clinic



Supli



Väestöliitto  
relationship services



Counselling for  
families with children



Relationship Centre  
Kataja



Eron ensiapupiste  
divorce information  
service



Familia



Church  
family counselling



Parenting and  
family counselling



Apuaeroon.fi



Perhesuhdekeskus  
family centre



Couples'  
therapy work



**Continued  
relationship**

## During divorce

2.

**If necessary,  
you can also get  
support from:**



Social and crisis  
emergency services



Family shelters



Social guidance in  
divorce support



Vantaa Shelter Association's  
open services for work  
against domestic violence



Family  
mediation



Follo mediation



Eroneuvonta  
divorce chat



Child welfare  
officer

3.

## After divorce



Miessakit Association:  
Erosta Elossa



Divorce peer support for  
children and adolescents



Peer support groups for  
divorced parents



Meeting place  
services



Divorce seminars



Vantaan ja Keravan  
hyvinvointialue

Learn more about finding the right kind of support in the Vantaa and Kerava wellbeing services county by visiting our website: [vakehyva.fi](https://vakehyva.fi)